

Joint Public Service Announcement

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The Importance of Social Distancing



The Kendall County Health Department (KCHD) is reporting 6 new cases of coronavirus disease (COVID19) and 4 new recoveries. Three males between the ages of 30-60s and three females between the ages of 40-50s tested positive for coronavirus disease 2019. This brings the total of Kendall County residents who have tested positive to 66. Today we are also encouraged to report 4 new recoveries; three females between the ages of 40-60s and one male in his 50s.

The Kendall County Health Department, alongside the Kendall County Emergency Management Agency is communicating that limiting face-to-face contact with others is the best way to reduce the spread of coronavirus disease 2019 (COVID-19).

Social distancing, also called “physical distancing,” means keeping space between yourself and other people outside of your home. Ways to practice social or physical distancing include:

- Stay at least 6 feet (and further, whenever possible) from other people
- Stay away from crowded places whenever possible
- This includes informal/impromptu gathering with friends and neighbors

Please continue to go to the Kendall County Health Department [website](#) to keep in touch with this evolving situation. Community members are welcome to call the Kendall County Health Department at (630)553-9100 with questions.

For more information on COVID-19, please visit these informational sites:

[Kendall County Health Department Coronavirus Page](#)

[Coronavirus COVID-19 Global Cases by Johns Hopkins CSSE real time map](#)

[Please enjoy this inspiring example of youth social distancingwww.kendallhealth.org](http://www.kendallhealth.org)

Continue to take good care of yourselves and your family during this challenging time.